

ADWOA ANTWI-KUSI

GRATITUDE  
JOURNAL  
*may 2024*

[hello@madjsworld.com](mailto:hello@madjsworld.com)

WWW.MADJSWORLD.COM

# GRATITUDE JOURNAL

DATE

S M T W T F S

TAKE A MOMENT EACH DAY TO REFLECT  
ON THE THINGS YOU'RE THANKFUL FOR

TODAY I'M GRATEFUL FOR

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THINGS THAT MADE ME SMILE TODAY



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PEOPLE I'M GRATEFUL  
TO HAVE IN MY LIFE

*Daily Affirmation*

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