



A JOURNAL FOR KIDS (3 TO7 YEARS)

ADWOA ANTWI-KUSI WWW.MADJSWORLD.COM



THIS JOURNAL BELONGS TO:

HOW TO USE THIS DREAM JOURNAL

1. Draw a picture

Upon waking (or as soon as you find the time) take a moment to think about your dream. You may draw a picture to represent what you saw in the dream.

2. Write a description

Then write down a brief description of your dream or some of the key words or feelings.

3. Record your feelings

How did this dream make you feel? Was there an emotion you felt during the dream?

4. Find meaning

Ask yourself if the dream related to anything you are currently experiencing or thinking about in your day to day life. Perhaps there is a message to help with that situation.





WHAT I DREAMT ABOUT

Draw or write here.

HOW THIS DREAM MADE ME FEEL













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This dream made me feel







Which part of the dream felt most important? What do you feel God might be saying to you? Is there a Bible verse that reminds you of this dream? Ask a grown up for help.





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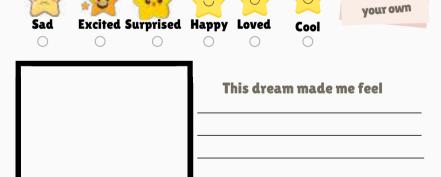


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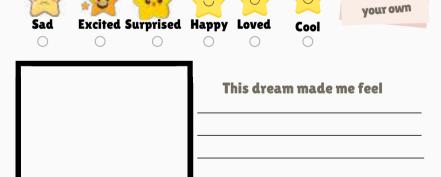


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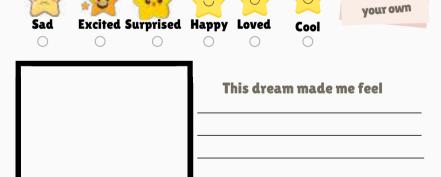


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Date of the Vision: WHAT I SAW IN MY VISION Draw or write here. **HOW THIS VISION MADE ME FEEL** Tick or write your own **Excited Surprised Happy Loved** Sad Cool This vision made me feel Does this vision have a special message from God?

Does this vision have a special message for me?

Does this vision have a	1
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Is there a Bible verse that reminds you of this vision? Ask a grown up for help.

Draw something about your vision

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